

2012 BIG MAN / GUARD CLINIC: REGISTRATION CONFIRMATION

Dear Camper:

Congratulations! Your registration for the **2012 Ben Braun / Rice Owls Basketball Camp** at Rice University, 6100 Main Street, Houston, TX 77005, has just been received! You have signed up for the following session:

Big Man/Guard Clinic, Saturday, June 9, from 9am-4pm.

WHAT TO BRING: Come dressed and ready to play with shorts, a t-shirt, and basketball/athletic shoes! Do not bring or wear jewelry, watches, hats, etc. *Cell phones will be put away during camp time.* Additionally, do not bring a basketball, there will be plenty for use. You may want to bring some money in case you want to purchase a snack.

CAMP TIMES: Camp will run from 9am – 4pm on Saturday, June 9 (see attached schedule; note schedule changes from years past).

CHECK-IN: Check in will take place in the lobby of Tudor Fieldhouse on Rice University's campus on Saturday, June 9 from 8am–9am.

PARKING / MAP: Please see the attachment regarding parking areas and map of the Rice University campus.

Entrance – You may enter campus at **Entrance #8** at University Blvd. and Stockton or **Entrance #18** at Rice Blvd. and Wilton (one block east of Shepherd).

Drop off options – You may park in the Hess Staff Lot (adjacent to Hess Tennis Stadium) during check-in/closing only. You are also welcome to park in West Lot 1 (hourly charge).

CAMP TRAINER: We have a full time trainer who will be on site in the event your youngster is injured / feels ill during camp. If you have any medical concerns regarding your youngster, please convey this to the trainer on the first day of camp. In the waiver statement that was electronically signed, please note that over-the-counter medications may be given. Should you have any questions about this policy, please speak to our camp trainer at check-in.

MEALS: Please plan to bring a lunch clearly marked with your name on it. When you arrive that morning we will put the lunches in a room. Sandwiches and/or pizza will also be made available for sale for those that forget or wish to purchase. When we break for lunch around 12:30 that will be your only chance to eat something!

VISITATION: All family members may come observe camp at any time. Please watch from bleachers. If you wish to come to the gym and watch, you must pay to park in West Lot 1 (hourly charge), adjacent to Tudor Fieldhouse.

CAMP CONCLUSION: Camp will end promptly at 4pm on Saturday. Please be prepared to pick up your child at that time by either parking in West Lot 1 (hourly charge) or waiting along "College Way Loop Road" in front of Tudor Fieldhouse. *Please note that vehicles may not be left unattended.* If you elect to park in West Lot 1, please walk to Tudor Fieldhouse and pick up your youngster(s) as we do not want campers to wander into the parking lot unattended. Prompt pick up time is appreciated. Please call camp director if you are going to be arriving more than 20 minutes late to arrange for pick up location at the campus police station.

REFUND POLICY:

- \$50 of total is considered a deposit and is non-refundable.
- No partial refunds/discounts/or prorated rates for attending other events or being able to only attend certain days.
- If camper cannot attend due to unforeseen circumstances, notification must be made *prior to the start of first day of camp.*
- Additionally, no other camper may attend in place of your son/daughter due to absence.
- If camper misses 3 or more days due to illness/injury, balance will be reimbursed minus \$50 minimum deposit (physician's note may be required).
- In the event of a dire family situation, refund will be given for day(s) missed, minus \$50 deposit.
- A \$25 "failed payment / returned check charge" will be assessed, per transaction.

I'm looking forward to having you in camp! If you have any concerns or questions, please call (713-348-4075).

Sincerely,



Coach Braun

RICE OWLS - BIG MAN CAMP

Our goal is to absolutely pack the 9 hours of Big Man Camp with as much instruction, demonstration, and repetition as we possibly can. We'll introduce the player to the 4 Areas of Post Play (Getting Open, Staying Open, Safely Receiving the Ball, and Finishing) and then proceed to reviewing technique, building repetitions, and applying those techniques to game-like execution. The instruction we give is fully intended to help give any player an advantage over the opponent. *We teach technique and execution, players provide athleticism and desire.*

When you leave camp we hope that you have a better understanding of:

- A. GETTING OPEN (The Proper Sealing/Posting Stance)
- B. STAYING OPEN (Initiating and maintaining contact on the defender)
- C. SAFELY RECEIVING THE BALL (Sit / Jaw / Elbows)
- D. FINISHING (Drop Steps / Turnarounds / Up-and-unders)

If you can learn more about technique and execution, then you are well on your way to dominating in the post.

Saturday

- 8:00 - 9:00 a.m. Registration
- 9:00 - 9:15 a.m. Welcome / Split into Groups
- 9:15 - 9:50 a.m. Lecture/Breakdown
Big Men and Guards Together *"The Art of Shooting the ball well."*
- A. Semi circle (Triple threat/shot)
 - B. Partners (Form shooting)
 - C. 4 Spot Shooting
 - D. Layups
- 9:50 - 10:50 a.m. Lecture/Breakdown – Begin with the end in mind!
"Finishing" (Touch upon *"Safely Receiving the Ball"* so that they can spin the ball back to themselves in the post)
- A. Drop Step (Pivot / Power / Score)
 - B. Turnarounds (right / left shoulder)
 - C. Up and Under (with and without dribble)
 - D. Gravy Move - Jump Hook / Plow
- 10:50 – 11:50 a.m. Lecture/Breakdown *"Getting Open"* – The First Area of Post Play
- 1) Demonstrate Sprint the floor
 - 2) Sprint the floor drill / Initiate contact / score
 - 3) ... V-cuts
 - 4) ... Screen and Shape vs. Screen and Roll
 - 5) ... Release / Re-post
 - 6) ... Skip screen / seal
- 11:50 p.m. – 12:30 p.m. Lecture/Breakdown *"Staying Open"* - The Second Area of Offensive Post Play
- 1) Sealing/Posting Stance
 - 2) Initiate contact, Kill the Thigh, 'U drill'
 - 3) Directing the movement of the ball
- Breakdown - Sealing/Posting Stance Introduction
- A. Half Circle (without defender)
 - B. Half circle (w/ defender)
 - C. Live Stance in the post
- 12:30 Lunch Break**
- 1:15 p.m. Continue shooting (Finishing) – 1) Drop Steps 2) Turnarounds, 3) Up and Under, 4) Jump Hooks, 5) Putbacks – Utilizing the Shot Fake
- 1:45 p.m. Lecture/Breakdown - *"Sikma Series"*
- 2:30 p.m. Lecture/Breakdown - POST DEFENSIVE FUNDAMENTALS
- 3:00 pm Lecture – DEFENSIVE BLOCKOUT TECHNIQUE (CH) - On ball, 1 or 2 passes away. 'Line of Scrimmage' or 'Facing' technique.
- 3:15 p.m. Lecture / Breakdown 1 ON 1 - LIVE POST PLAY
- 3:30 p.m. Stations – Review (12 minutes Per station)
- a. *Post Defense* (Ball above and Below FT line)
 - b. *Block out* technique, Rebounding
 - c. *Staying Open*: (Sealing, Second Pass Concept)
 - d. *Finishing 1* (Turnarounds/Backhand, Jump Hooks)
 - e. *Finishing 2* (Drop Step, Up and Under)
 - f. *Getting Open* (v-cuts, Release-repost,)
- 3:55 pm Close

RICE UNIVERSITY CAMPUS MAP



- MAP KEY**
- Entrance Gates
 - Visitor's Entrances
 - Bus Stops
 - One-way Road

- PARKING KEY**
- Faculty/Staff Parking
 - Resident Student Parking
 - Commuter Parking
 - Visitor Parking
 - Accessible Parking

- PARKING LOTS:**
- APB** Alice Pratt Brown Hall Lot
 - B** Baker College-Housing & Dining Lot
 - BG** Biology-Geology Lot
 - BRC** BioScience Research Collaborative Garage
 - C** Campanile Lot
 - CG** Central Campus Garage
 - FE** Facilities, Engineering and Planning Lot
 - G** Greenbriar Lot
 - GA** Greenbriar Annex
 - H** Hess Court Lot
 - K** Keck Lot
 - L** Lovett Lot
 - N** North Lot
 - NA** North Annex Lot
 - NC** North Colleges Residents Lot
 - SC** South Colleges Residents Lot
 - SS** South Stadium Lot
 - W** West Lot

PARKING RATES:
 West of Entrance 18: \$1 each 20 minutes, \$11 daily maximum
 East of Entrance 18 and BioScience Research Collaborative Garage: \$1 each 12 minutes, \$11 daily maximum
 Greenbriar Lot: \$1 per entry, per day

PAYMENT METHODS:
 BioScience Research Collaborative Garage and Central Campus Garage: cash or credit card
 Greenbriar Lot, Founder's Court, North and West Lots Visitor Section: credit card

- BUILDINGS**
- Abercrombie Engineering Laboratory **1**
 - Allen Business Center **2**
President's Office
 - Anderson Biological Laboratories, M.D. **3**
 - Anderson Hall, M.D. **4**
Dean of Architecture
 - Baker College **5**
 - Baker College Masters House **6**
 - Baker Hall, James A. III **7**
Dean of Continuing Studies, James A. Baker III
 - BioScience Research Collaborative **8**
 - Brochstein Pavilion, Raymond and Susan .. **9**
 - Brockman Hall for Physics **10**
 - Brown College, Margaret Root **11**
 - Brown College Masters House **12**

- Brown Hall, Alice Pratt **13**
Dean of Shepherd School of Music
- Brown Hall, George R. **14**
Dean of Wiess School of Natural Sciences
- Brown Hall for Mathematical Sciences, ... **15**
Herman
- Butcher Hall, Dell **16**
- Cohen House, Robert and Agnes **17**
- Continuing Studies, Martel Center for... **18**
Dean of Susanne M. Glasscock School of Continuing Studies
- Cox Fitness Center, John L. **19**
- Duncan College **20**
- Duncan College Masters House **21**
- Duncan Hall, Anne and Charles **22**
Dean of George R. Brown School of Engineering

- East Servery **23**
- Facilities Engineering and Planning **24**
Building
- Fondren Library **25**
- Gibbs Recreation and Wellness Center, .. **26**
Barbara and David
- Greenbriar Building **27**
- Greenhouse **28**
- Hamman Hall **29**
- Hansen College **30**
- Hansen College Masters House **31**
- Herring Hall, Robert R. **32**
- Herzstein Hall **33**
- Hess Tennis Stadium, Jake **34**
- Holloway Field **35**
Wendel D. Ley Track
- Housing and Dining **36**
- Huff House, Peter and Nancy **37**
Alumni Affairs
- Humanities Building **38**
Dean of Humanities
- Jones College, Mary Gibbs **39**
- Jones College Masters House **40**
- Keck Hall **41**
- Keith-Wiess Geological Laboratories **42**

- Ley Student Center **43**
- Lovett College, Edgar Odell **44**
- Lovett College Masters House **45**
- Lovett Hall **46**
Admission Office, Welcome Center
- Martel College **47**
- Martel College Masters House **48**
- McMurtry College, Burton and Deede **49**
- McMurtry College Masters House **50**
- McNair Hall, Janice and Robert **51**
Dean of Jesse H. Jones Graduate School of Business
- Mechanical Engineering Building **52**
- Mechanical Laboratory **53**
- Media Center **54**
- Mudd Computer Science Building **55**
- North Servery **56**
- Oshman Engineering Design Kitchen **57**
- Razor Hall **58**
- Reckling Park at Cameron Field **59**
- Rice Children's Campus **60**
- Rice Graduate Apartments **61**
- Rice Memorial Center **62**
Campus Bookstore
- Rice Memorial Chapel **63**
- Rice Stadium **64**
- Rice University Police Department **65**

- Rice Village Apartments **66**
 - Rich Student Health Center, Morton L. **67**
 - Richardson College, Sid W. **68**
 - Richardson College Masters House **69**
 - Ryon Engineering Laboratory **70**
 - Sewall Hall **71**
Rice Art Gallery
 - South Plant **72**
 - South Servery **73**
 - Space Science and Technology Building .. **74**
 - Tudor Fieldhouse **75**
Autry Court, Fox Gymnasium
 - West Servery **76**
 - Wiess College **77**
 - Wiess President's House **78**
 - Will Rice College **79**
 - Will Rice College Masters House **80**
 - Wilson House **81**
Wiess College Masters
 - Youngkin Center **82**
- ACADEMIC SCHOOLS**
- Architecture, School of **4**
 - Business, Jesse H. Jones **51**
Graduate School of
 - Continuing Studies, Susanne M. **18**
Glasscock School of
 - Engineering, George R. Brown **22**
School of
 - Humanities, School of **38**
 - Music, The Shepherd School of **13**
 - Natural Sciences, Wiess School of **14**
 - Social Sciences, School of **7**