

2010 BIG MAN / GUARD CLINIC: REGISTRATION CONFIRMATION

Dear Camper:

Congratulations! Your registration for the **2010 Ben Braun / Rice Owls Basketball Camp** Rice University, 6100 Main Street, Houston, TX 77005, has just been received! You have signed up for the following session:

Big Man / Guard Clinic, Thursday, June 17, from 6-9pm and Friday June 18, from 9am-3pm.

WHAT TO BRING: Come dressed and ready to play with shorts, a t-shirt and basketball/athletic shoes! Do not bring or wear jewelry, watches, hats, etc. *Cell phones will be put away during camp time.* Additionally, do not bring a basketball, there will be plenty for use. You may want to bring some money in case you want to purchase a snack.

CAMP TIMES: Camp will run from 6pm – 9pm on Thursday, June 17 and 9am – 3pm on Friday, June 18 (see attached schedule).

CHECK-IN: Check-in will take place in the lobby of Tudor Fieldhouse on Rice University's campus on Thursday, June 17th from 5 – 6pm.

PARKING / MAP: Please see the attachment regarding parking areas and map of the Rice University campus.

Entrance – You may enter campus at **Entrance #8** at University Blvd. and Stockton or **Entrance #18** at Rice Blvd. and Wilton (one block east of Shepherd).

Pick up options –You may line up along the “College Way Loop Road” in front of Tudor Field House for a quick pick up as we dismiss campers. If you elect to park in **West Lot 1** walk to Tudor Field House and pick up your youngster(s) as we do not want campers to wander into the parking lot unattended. Prompt pick up time is appreciated. Please call camp director if you are going to be arriving more than 20 minutes late to arrange for pick up location at the campus police station.

Drop off options – On Friday morning, morning, you are welcome to drive by Tudor Fieldhouse on the “College Way Loop Road” and drop off your youngster. We will have staff out front 15 minutes prior to the start of camp(s) to help expedite this process. You are also welcome to park in West Lot 1 (hourly charge).

CAMP TRAINER: We have a full time trainer who will be on site in the event your youngster is injured / feels ill during camp. If you have any medical concerns regarding your youngster, please convey this to the trainer on the first day of camp. In the waiver statement that was electronically signed, please note that over-the-counter medications may be given. Should you have any questions about this policy, please speak to our camp trainer at check in.

MEALS: On Friday, June 18, bring a lunch clearly marked with your name on it. When you arrive that morning we will put the lunches in a room. When we break for lunch around 11:45 that will be your only chance to eat something!

VISITATION: All family members may come observe camp at any time. Please watch from bleachers. If you wish to come to the gym and watch, you must pay to park in West Lot 1 (hourly charge), adjacent to Tudor Fieldhouse.

CAMP CONCLUSION: Camp will end promptly at 3pm on Friday. Please be prepared to pick up your child at that time by either parking in West Lot 1 (hourly charge) or waiting along “College Way Loop Road” in front of Tudor Fieldhouse. *Please note that vehicles may not be left unattended.*

REFUND POLICY:

- \$50 of total is considered a deposit and is non-refundable.
- No partial refunds/discounts/or prorated rates for attending other events or being able to only attend certain days.
- If camper cannot attend due to unforeseen circumstances, notification must be made *prior to the start of first day of camp.*
- Additionally, no other camper may attend in place of your son/daughter due to absence.
- If camper misses 3 or more days due to illness/injury, balance will be reimbursed minus \$50 minimum deposit (physician's note may be required).
- In the event of a dire family situation, refund will be given for day(s) missed, minus \$50 deposit.

I'm looking forward to having you in camp! If you have any concerns or questions, please call (713-348-4075).

Sincerely,



Coach Braun

RICE OWLS - BIG MAN CAMP - 2010

Our goal is to absolutely pack the 9 hours of Big Man Camp with as much instruction, demonstration, and repetition as we possibly can. We'll introduce the player to the 4 Areas of Post Play (Getting Open, Staying Open, Safely Receiving the Ball, and Finishing) and then proceed to reviewing technique, building repetitions, and applying those techniques to game-like execution. The instruction we give is fully intended to help give any player an advantage over the opponent. *We teach* technique and execution, *players provide* athleticism and desire.

When you leave camp we hope that you have a better understanding of:

- 1) GETTING OPEN (The Proper Sealing/Posting Stance)
- 2) STAYING OPEN (Initiating and maintaining contact on the defender)
- 3) SAFELY RECEIVING THE BALL (Sit / Jaw / Elbows)
- 4) FINISHING (Drop Steps / Turnarounds / Up-and-unders)

If you can learn more about technique and execution, then you are well on your way to dominating in the post.

Thursday



5:00 - 6:00 p.m.	Registration
6:00 - 6:10 p.m.	Welcome
6:10 - 6:15 p.m.	Split into groups
6:15 - 6:50 p.m.	Lecture/Breakdown Big Men and Guards Together <i>"The Art of Shooting the ball well."</i> <ol style="list-style-type: none">c) Semi circle (Triple threat/shot)d) Partners (Form shooting)e) 4 Spot Shootingf) Layups
6:50 - 7:35 p.m.	Lecture/Breakdown – Begin with the end in mind! <i>"Finishing"</i> (Touch upon "Safely Receiving the Ball" so that they can spin the ball back to themselves in the post) <ol style="list-style-type: none">a) Drop Step (Pivot / Power / Score)b) Turnarounds (right / left shoulder)c) Up and Under (with and without dribble)d) Gravy Move - Jump Hook / Sikma / Plow
7:35 – 8:20 pm	Lecture/Breakdown <i>"Staying Open"</i> - The Second Area of Offensive Post Play <ol style="list-style-type: none">1) Sealing/Posting Stance2) Initiate contact, Kill the Thigh, 'Horseshoes'3) Directing the movement of the ball<ol style="list-style-type: none">a) Sealing/Posting Stance Introductionb) Half Circle (without defender)c) Half circle (w/ defender)d) Live Stance in the post
8:20 p.m. – 8:55 p.m.	Lecture/Breakdown <i>"Getting Open"</i> – The First Area of Post Play <ol style="list-style-type: none">1) Demonstrate Sprint the floor2) ... V-cuts3) ... Screen and Shape vs. Screen and Roll4) ... Nelson5) ... Release / Re-post6) ... Skip screen / seal7) . "Reverse" action<ol style="list-style-type: none">a) Sprint the floor drill / Initiate contact / scoreb) Mass v-cut drill
9:00 pm	Close

Friday

9:00 a.m.	Big Group - Review and Preview of the day for guards and posts.
9:05 a.m.	Big Man Quick Group Lecture - Review the 4 areas of Post Play Demonstrate <i>Getting Open, Staying Open, Safely Receiving the ball, Finishing</i> . Give them a picture of where we are headed to throughout the day.
9:10 a.m.	Jump shot review - Semi-circle, 4 spot shooting, layups (Get loose and ready)
9:30 a.m.	Continue shooting (Finishing) – 1) Drop Steps 2) Turnarounds, 3) Up and Under, 4) Jump Hooks, 5) Putbacks – Utilizing the Shot Fake
10:05 a.m.	Brief Lecture/ review/breakdown of STAYING OPEN (Stance Drills) Half Circle (no defender / with defender), Live Stance in the post.
10:45 a.m.	Lecture/Breakdown - POST DEFENSIVE FUNDAMENTALS
11:45	Lunch Break
12:15 pm	Lecture – DEFENSIVE BLOCKOUT TECHNIQUE (CH) - On ball, 1 or 2 passes away. ‘Line of Scrimmage’ or ‘Facing’ technique.
1:00 p.m.	Lecture / Breakdown THE SECOND PASS CONCEPT
1:50 p.m.	Stations 1) Post Defense (Ball above and Below FT line extended) 2) Block out technique, Rebounding 3) Sealing technique (Staying Open, Second Pass Concept) 4) Finishing 1 (Turnarounds/Backhand, Jump Hooks) 5) Finishing 2 (Drop Step, Up and Under) 6) Getting Open (v-cuts, Release-repost, 2 nd pass concept)
2:55 pm	Close

10 minutes per station

RICE OWLS GUARD CAMP 2010

Our goal at Guard Camp is to build solid habits of play, habits that translate to details that make all the difference. We begin with triple threat (ready to shoot, drive, and pass) and emphasize that position throughout the 9 hours of camp. We concentrate on shooting technique, proper footwork on layups, game passing, pivoting out of trouble, good screening fundamentals that lead to team play, ball handling that leads to game execution, and fast break fundamentals. We play games of 3-on-3 "Cut Throat" to carry over our practice to play. Guard Camp is 9 hours of moving, listening, executing, and repeating great basketball habits (Schedule is subject to change).

Thursday

5:00 - 6:00 p.m.	Registration
6:00 - 6:10 p.m.	Welcome (Both Gd. and Big Men together)
6:10 - 6:15 p.m.	Split into groups
6:15 - 6:50 p.m.	Lecture/Breakdown - Big Men and Guards "Shooting" Breakdown - a) Semi circle (Triple threat) b) Partners (Form shooting) c) 4 Spot shooting d) Layups
6:45 - 7:25 p.m.	Lecture/Breakdown "Ball handling" Breakdown - a) Stationary Ballhandling b) Stationary Dribbling c) Dribble Moves
7:25 - 7:35 p.m.	BREAK
7:35 - 8:15 p.m.	Lecture/Breakdown (Passing) Chest Passes, Push Passes, Hook Passes
8:15 - 8:55 p.m.	Lecture/Breakdown Using the Escape Dribble Jump Stops and Pivots, Shot Fakes, Direct Drives, and Crossovers
8:55 - 9:00 p.m.	CLOSE

Friday

9:00	Big Group (Guards and Big Men)
9:05 a.m.	Go to Baskets - Stretching, Shooting and Daily Dozen
9:20-9:35 a.m.	Ball Handling (Stat. Handle, Stationary Dribble, Dribble Moves)
9:35-9:50 a.m.	Jump Stops and Pivots, Direct Drives and Crossovers
9:50-10:00 a.m.	Passing (Chest, Push and Hook)
10:00-10:40 a.m.	Lecture/Breakdown Passing Game (Pass it to the open man, get your teammate open, space-space-space). A) Screen Away B) Basket Cuts C) Flares
10:40 a.m.	BREAK
10:50-11:15 a.m.	Lecture / Breakdown - 'How to Play Cut Throat'
11:15-12:00 pm	Stations
12:00 p.m.	LUNCH
12:30 - 1:40 p.m.	Lecture/Breakdown ('3 on 2; 2 on 1 Fast Break)
1:40 p.m.	Fast Break Drills Weave 3 on 2, 2 on 1
1:30-2:05 p.m.	3 on 3 Cut Throat (Two dribble Maximum)
2:05-2:55 p.m.	Stations 1) Comp. shooting, 2) Ball handling, 3) Fast Break 4) Layups, 5) Shooting Fundamentals, 6) 1 on 1
2:55 p.m.	CLOSE



RICE UNIVERSITY CAMPUS MAP



MAP KEY

- Entrance Gates
- Visitor's Entrances
- Bus Stops
- One-way Road

PARKING KEY

- Faculty/Staff Parking
- Resident Student Parking
- Commuter Parking
- Visitor Parking
- Accessible Parking

PARKING LOTS:

- APB** Alice Pratt Brown Hall Lot
- B** Baker College-Housing & Dining Lot
- BG** Biology-Geology Lot
- BRC** BioScience Research Collaborative Garage
- C** Campanile Lot
- CG** Central Campus Garage
- FE** Facilities, Engineering and Planning Lot
- G** Greenbriar Lot
- GA** Greenbriar Annex
- H** Hess Court Lot
- K** Keck Lot
- L** Lovett Lot
- N** North Lot
- NA** North Annex Lot
- NC** North Colleges Residents Lot
- SC** South Colleges Residents Lot
- SS** South Stadium Lot
- W** West Lot

PARKING RATES:
 West of Entrance 18: \$1 each 35 minutes, \$10 daily maximum
 East of Entrance 18 and BioScience Research Collaborative Garage: \$1 each 17.5 minutes, \$10 daily maximum
 Greenbriar Lot: \$1 per entry, per day

PAYMENT METHODS:
 BioScience Research Collaborative Garage and Central Campus Garage: cash or credit card
 Greenbriar Lot, Founder's Court, North and West Lots Visitor Section: credit card

BUILDINGS

- Abercrombie Engineering Laboratory **1**
- Allen Center for Business Activities **2**
- President, Provost, Registrar, Cashier, Vice President for Finance, Vice President for Administration, Vice President for Public Affairs, Vice President for Resource Development, Vice Provost for Research*
- Anderson Biological Laboratories **3**
- Anderson Hall **4**
- School of Architecture*
- Baker College **7**
- Baker College Masters House **8**
- Baker Hall **9**
- School of Social Sciences, James A. Baker III Institute for Public Policy*
- BioScience Research Collaborative **5**

- Brochstein Pavilion **72**
- Brown College **10**
- Brown College Commons and Residences **11**
- Brown College Masters House **12**
- Brown Hall, Alice Pratt **13**
- The Shepherd School of Music*
- Brown Hall, George R. **14**
- Brown Hall for Mathematical Sciences, Herman **15**
- Butcher Hall, Dell **16**
- Campus Observatory **17**
- Cohen House **18**
- Faculty Club*
- Construction Information Center **76**
- Cox Fitness Center **19**
- Duncan College **78**
- Duncan College Masters House **82**

- Duncan Hall **20**
- George R. Brown School of Engineering*
- Facilities, Engineering and Planning Building **21**
- Fondren Library **22**
- Gibbs Recreation and Wellness Center **80**
- Graduate Apartments **23**
- Greenbriar Building **24**
- Greenhouse **77**
- Hamman Hall **25**
- Hanszen College **26**
- Hanszen College Masters House **27**
- Herring Hall **28**
- Herzstein Hall **29**
- Huff House **50**
- Alumni Office*
- Humanities Building **31**
- School of Humanities*
- Jones College **32**
- Jones College Commons **33**
- Jones College Masters House **34**
- Keck Hall **35**
- Wiess School of Natural Sciences*
- Keith-Wiess Geological Laboratories **36**

- Ley Student Center **37**
- Lovett College **38**
- Lovett College Masters House **39**
- Lovett Hall **40**
- Admission Office, Dean of Undergraduates, Vice President for Enrollment, Vice President for Investments and Treasurer, Welcome Center*
- Martel Center for Continuing Studies **41**
- Susanne M. Glasscock School of Continuing Studies*
- Martel College **42**
- Martel College Masters House **43**
- McMurtry College **79**
- McMurtry College Masters House **81**
- McNair Hall **44**
- Jesse H. Jones Graduate School of Business, Central Campus Garage*
- Mechanical Engineering Building **45**
- Mechanical Laboratory **46**
- Media Center **47**
- Mudd Computer Science Laboratory **48**
- North Servery **49**
- Oshman Engineering Design Kitchen **30**
- Police Department **51**
- Post Office **52**
- Rayzor Hall **53**
- Reckling Park at Cameron Field **54**
- Rice Children's Campus **74**

- Rice Memorial Center **57**
- Bookstore*
- Rice Memorial Chapel **58**
- Rice Stadium **59**
- "R" Room*
- Rice Village Apartments **75**
- Rich Health and Wellness Center **62**
- ROTC, Navy **63**
- Ryon Engineering Laboratory **64**
- Sewall Hall **65**
- Sid Richardson College **60**
- Sid Richardson College **61**
- Masters House*
- South Plant **73**
- South Servery **66**
- Space Science and Technology Building **67**
- Track and Soccer Stadium **68**
- Tudor Fieldhouse **6**
- West Servery **83**
- Wiess College **69**
- Wiess College Masters House **70**
- Wiess President's House **71**
- Will Rice College **55**
- Will Rice College Masters House **56**

ACADEMIC SCHOOLS

- Architecture, School of **4**
- Business, Jesse H. Jones Graduate School of **44**
- Continuing Studies, Susanne M. Glasscock School of **41**
- Engineering, George R. Brown School of **20**
- Humanities, School of **31**
- Music, The Shepherd School of **13**
- Natural Sciences, Wiess School of **35**
- Social Sciences, School of **9**

CONSTRUCTION KEY

- A** Brockman Hall for Physics
- B** Site of South Colleges Renovation and Addition